

116°55.000' W 116°54.000' W 116°53.000' W 116°52.000' W WGS84 116°51.000' W

These are the existing trails not all of which are official. The land managers are working with the San Diego Mountain Biking Association to increase official trails in this area as well as decommission some redundant and difficult to manage trails.

CRESTRIDGE ECCOLOGICAL RESERVE

FIREROADS
SINGLETRACK
SPURS
PAVEMENT

and then some. See website for trail descriptions

VONS/WALMART TRAILHEAD DIRECTIONS:
From San Diego Take I-8 through El Cajon
Exit Los Coches Rd, Turn Right. Go 450 feet
Take 1st right onto Camino Canada.
Go .2 mi, Park besides the Vons.

PARK AND RIDE TRAILHEAD DIRECTIONS:
From San Diego Take I-8 through El Cajon
Exit Los Coches Rd, Turn Right. Go 450 feet
Take 1st left onto Camino Canada. Go .2 mi
Turn left onto E County Dr into the Park and Ride Lot



PARK AND RIDE TRAILHEAD

VONS/WALMART TRAILHEAD

VISITOR CENTER TRAILHEAD

Directions from San Diego:
Take I-8 East through El Cajon
Exit Greefield Dr exit and turn Right. Go .5 mi
Turn Left onto La Cresta Rd. Go 3.1 mi
Turn left onto Mountain View Rd. Go 1.1 mi
Turn Left onto Horsemill Rd. Go .6 mi to end
Park near end of the Road

Arrows indicate the best direction to travel this trail
A lack of arrows indicate either direction is suitable

Map created with **TOPOIC** ©2010 National Geographic

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